



WHY USE ESSENTIAL OILS?

Many high-end resorts, spas and wellness centers are incorporating essential oils into their services because of their incredible therapeutic benefits. Essential oils can create an atmosphere that is calming, relaxing and inviting. They can uplift mood, calm feelings of anxiousness and give your customers a unique experience they will never forget.

doTERRA's CPTG Certified Pure Tested Grade® essential oils are from flowers, leaves, bark, stems, and other parts of a plant, they are 100% natural, safe and effective. doTERRA does strict testing to ensure there are no chemicals, pesticides or fillers in their high quality oils. They are the largest essential oil company in the world and loving helping people with their health and happiness.

HOW TO INCORPORATE ESSENTIAL OILS

Offering doTERRA essential oils as an enhancement to your services sets your business a part from competitors because customers leave feeling even better and more pampered, and that is what keeps people coming back or referring more clients to you - a unique experience!

Every service can be enhanced by using essential oils, including: Massages, facials, body treatments, manicures & pedicures, acupuncture and chiropractic care.

doTERRA's Essential oils can be used three different ways to enhance your clients visit, aromatically, topically and internally.

Aromatically: Add essential oils to a diffuser to create a peaceful environment. Add 1-2 drops of a calming essential oil to your palms and have your client breathe in the calming smell from your cupped hands or a warm wash cloth.

Topically: Common areas to apply: back of the neck, shoulders, feet and lower back. Or add a few drops of eucalyptus or lavender to water for pedicures or foot soaks.

Internally: Offer uplifting citrus oils like lemon, grapefruit or wild orange. Add 1 drop to water to help gently flush toxins from the body. (Use glass not plastic)



Laluz Diffuser™ \$42



Roam Diffuser \$52

“The difference between ordinary and extraordinary is that little *Extra*”

RECIPES

DIFFUSER BLENDS

- Fresh Scent** - 4 drops Lemon + 3 drops Lavender
- Uplifting & Energizing** - 4 drops Wild Orange + 3 drops Peppermint
- Zen Blend** - 5 drops Balance® + 2 drops Lavender
- Healthy Air** - 3 drops On Guard® + 4 drops Wild Orange
- Pure Bliss** 4 Adaptiv™ + 3 Wild Orange
- Calm and Happiness** 2 Balance® + 3 Cheer®

BEFORE TREATMENT

Offer your client a choice of essential oils to begin their journey into relaxation. Place 1 drop on a warm wash cloth, or in your palms and have them close their eyes & inhale. You may also have jars of premade "smelling salts" that they can hold & inhale.

- Breathe®** - Opens airways, helps anxious feelings
- Lavender or Serenity®** - Soothes the mind and creates relaxation
- Balance® or Adaptiv™** - Gives a sense of wellbeing and calm
- Eucalyptus** - Promote feelings of relaxation and clear breathing

HAIR REMOVAL

Lavender - Apply 1 drop post treatment to soothe irritated skin and minimize irritation. Best when used with a carrier oil, like fractionated coconut oil.

MASSAGE

- Aromatouch®** - Helps to lessen tension, promotes circulation
- Deep Blue®** - Soothing and cooling, great for sore muscles, aches and pains
- Wild Orange & Peppermint** - At the end of the massage apply to bottoms of feet, or have client inhale from hands to energize and awaken body
- Lavender, Balance® or Adaptiv™** - Helps to lessen tension and is relaxing to the body and mind

GLOWING SKIN | FACIALS

- Yarrow Pom** - Add a few drops to skin after facial for healthy, glowing skin. This blend of Yarrow essential oil and Pomegranate seed oil helps with collagen production & is a very powerful antioxidant.
- Frankincense** - Helps reduce the appearance of skin imperfections, fine lines & sunspots
- Lavender** - Promotes healthy skin, very soothing
- Tea Tree** - Apply directly to breakouts

HOW TO GET STARTED

- + Connect with me to set up a free consult to go over your specific needs
- + Wholesale account: Purchase 1 item get a free account (\$35 waived)
- + Get started with a kit below and \$35 fee is waived (Other kits available)



HEALTHY START KIT | \$160

On Guard®	Lemon	Pebble Diffuser™
Breathe®	Lavender	5 ml bottles (85 drops)
DigestZen®	Tea Tree	Free Wholesale Membership
Deep Blue®	Frankincense	My Guidance & Support
Peppermint	Oregano	



AROMA ESSENTIALS COLLECTION | \$155.00

Wild Orange	Breathe®	Laluz Diffuser™
Peppermint	Cheer®	5 ml bottles (85 drops)
Balance®	Northern Escape	Free Wholesale Membership
On Guard®	Citrus Bloom™	My Guidance & Support
Serenity®	Adaptiv™	



WISH LIST *(prices shown are wholesale)*

Kits & Diffusers

- _____ Healthy Start Kit - \$160
- _____ Aroma Essentials Collection - \$155.00
- _____ Lemon, Lavender, Peppermint 5ml trio \$20 **OR** 15ml trio \$50
- _____ Spa Kit - 5ml bottles, Balance®, Serenity®, Citrus Bliss®, Deep Blue® - \$59.50
- _____ LaLuz Diffuser™ - \$42
- _____ Roam Diffuser™ - \$52

Individual Oils *(15 ml bottles 250 drops of servings)*

- _____ Adaptiv™ 15ml - \$37.50
- _____ AromaTouch® 15ml - \$28
- _____ Balance® 15ml - \$21
- _____ Breathe® 15ml - \$22
- _____ Citrus Bliss® 15ml - \$18
- _____ Deep Blue® 5ml - \$33
- _____ Deep Blue® Rub 4oz - \$32
- _____ Eucalyptus 15 ml - \$17
- _____ Frankincense 15 ml - \$68
- _____ Lavender 15ml - \$23
- _____ Lemon 15ml - \$11
- _____ On Guard® 15ml - \$34
- _____ Peppermint 15ml - \$22
- _____ Serenity® 15ml - \$32
- _____ Wild Orange 15ml - \$10
- _____ Tea Tree 15 ml - \$21
- _____ Yarrow Pom - 30 ml - \$95

Health. Wellness. Relaxation.

